

TeamGAIN Parallel London 2017

All ages and abilities. No cut off times. Everybody is running side by side.



Guillain-Barré & Associated Inflammatory Neuropathies Registered charity 1154843 & SCO39900

Main contact		
Name	First	Last
Postal address	Line 1	
	Line 2	
	Town/City	
	Postcode	
Email		
Phone	Phone 1	Phone 2
Emergency contact	Name	Phone number

Payment information if paying by debit/card (name and address as above)		
Card type	Visa / Mastercard	
Card number		
Expiry & security	Expiry date MM/YY	CSC
Total amount due	£10 per individual or £25 per family	

Who is taking part? Please enter names, and specify distance and T-shirt choice

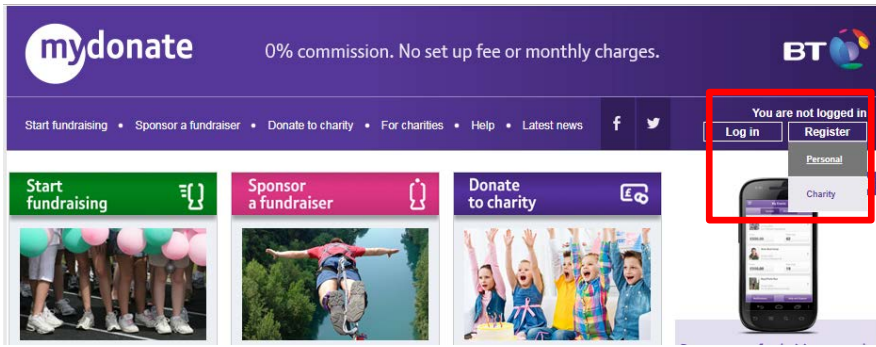
Enter names below (print)	Date of birth DD/MM/YY	100m/1km/5km/10km Supporter / Buddy	T-shirt size XS/S/M/L/XL/XXL	T-shirt colour preference Blue/Orange/LimeGreen/Pink
1				
2				
3				
4				
5				
6				
7				
8				

A TeamGAIN guaranteed charity place costs only £10 per individual or £25 for a family of up to 2 adults and 3 children under 16. If you wish to attend as a 'Supporter' or 'Buddy' ('Buddies' must accompany a paying entrant), there is no entry fee. All participants signing up before 1st August will receive a limited edition TeamGAIN T-shirt.

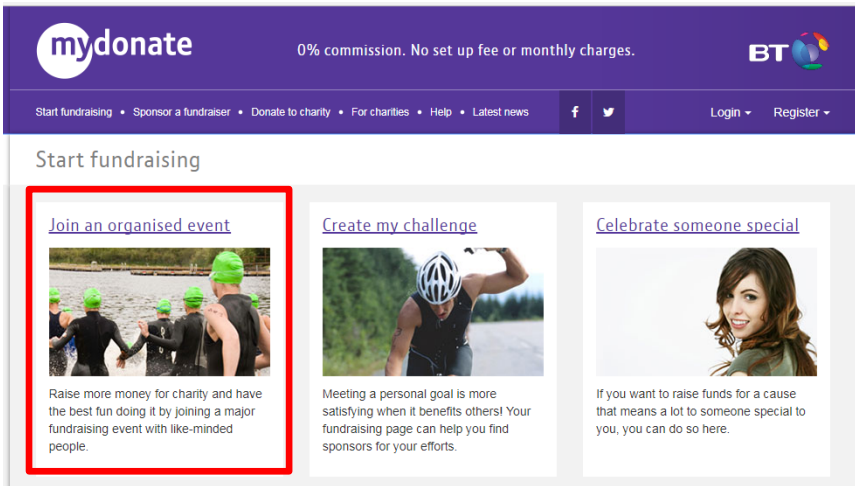
How to apply and what to do next

- Print, complete and post this form and pay online at www.gaincharity.org.uk/parallellondon/info_117.html OR Print, complete and return to **GAIN, Woodholme House, Station Road Business Park, Heckington, Lincs, NG34 9TD** (cheques should be made payable to GAIN, or you can pay via debit or credit card by completing your card details above)
- Set up a **BT My Donate fundraising page** and link it to our **TeamGAIN team page**, reference number **0471105167**

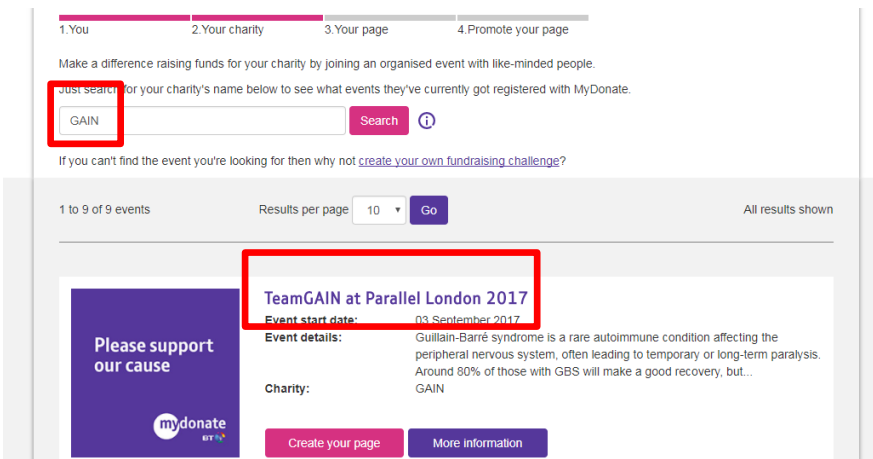
How to start fundraising with TeamGAIN on BT My Donate



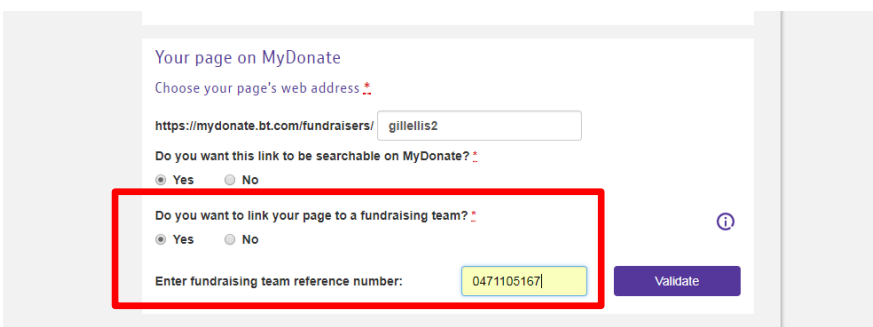
1. Go to <http://www.btplc.com/mydonate/index.aspx> and register your details under **'Personal Registration'**



2. Once you're logged in, click on **'Create a fundraising page'** and then choose **'Join an organised event'**



3. Type **'GAIN'** into the search box, and select **'TeamGAIN at Parallel London 2017'** to start creating your page



4. Complete all the details required for your page.

To link your individual page to the TeamGAIN fundraising page, you need to answer **'Yes'** to the question outlined here in red, and enter the code **0471105167**

Remember to share your fundraising page on Facebook, Twitter, etc, to reach as many people as possible!